



HEALTHCARE  
TRIANGLE™

Reinforcing Healthcare Progress™

## The Five Rights to Righting Burnout

Solutions for Diagnostics and Interventions for Provider and Clinician Burnout

### 78% of providers “sometimes, always, or often” complain of feelings of burnout.

Burnout is not new—but now we can diagnose it. It is a public health crisis with significant consequences for:

- The patient
- The provider
- The healthcare system
- The healthcare community

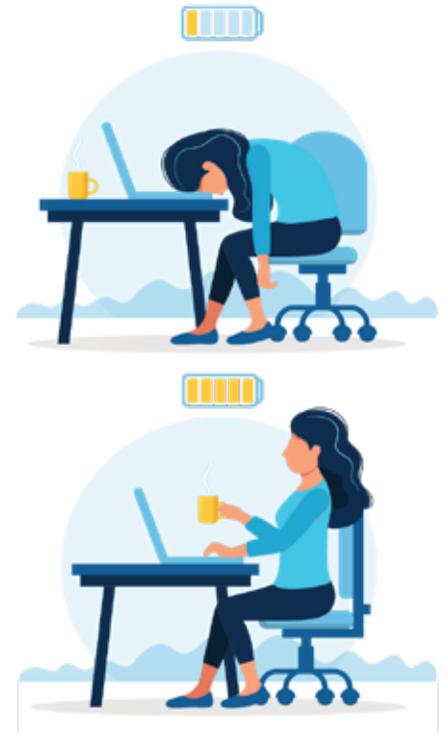
Provider and clinician burnout is a syndrome composed of three dimensions: emotional exhaustion, depersonalization, and feelings of lower professional accomplishment. While burnout has always existed in healthcare, only recently have best practice tools become available to diagnose burnout and help organizations develop burnout improvement programs.

### The Five Rights to Righting Burnout is Healthcare Triangle’s unique best practice approach to help organizations both reduce and prevent burnout:

- 1. The Right Attitude:** Helps organizational leadership identify the internal risks leading to burnout and improve the organizational culture to reduce burnout.
- 2. The Right Tools:** A thorough understanding of the highest quality burnout measurement tools and can recommend customization to tailor the tools to your organization’s needs.
- 3. The Right Diagnoses:** The expert analytical skills required to properly evaluate burnout data and determine both the burnout dimensions that impact your organization and the associated root causes. Our analysis will pinpoint root causes according to an organization specific factors, including specialty, gender, age, and time with the organization.

- 4. The Right Interventions:** Target both system-wide and individual primary, secondary, and tertiary interventions to fit your organization.
- 5. The Right Return on Investment:** Guide you through determining the metrics to measure the success and return on investment from your targeted interventions.

Healthcare Triangle understands the burnout process and have successfully developed interventions to reduce burnout. Schedule an information session with our experts to learn about our proven assessment and intervention programs. We can conduct a qualitative assessment to determine potential symptoms of burnout that are specific to your providers and your organization.



Get in Touch to Schedule an Assessment!  
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For more information, visit [www.healthcaretriangle.com](http://www.healthcaretriangle.com)